



SCMBC Informed Consent and Assumption of Risk Agreement



By clicking the checkbox at the bottom of this document you will assume certain risks. Please read carefully.

1. This is a binding legal agreement. As a member **Simcoe County Mountain Bike Club** (hereinafter called **SCMBC**), the Member and/or the Parent/Guardian of the Member (hereinafter called the **Parties**), acknowledge and agree to the following terms in relation to use for the **Activity** of Mountain Biking on SCMBC Trails:

Description of Risks

2. The Member is participating voluntarily in the **Activity**. In consideration of the Member's participation in the **Activity**, the **Member** hereby acknowledges that they are aware of the risks, dangers and hazards associated with or related to the **Activity**, and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:

- a. overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
- b. vigorous physical exertion, rapid movements and quick turns and stops;
- c. falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
- d. contact, colliding or being struck by mountain bikes, equipment, trees, other individuals or other fixed objects;
- e. failing to participate within one's abilities, skill and within designated areas;
- f. becoming lost or separated from the group or the group becoming split up;
- g. failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
- h. extreme weather conditions which may result in heatstroke, sunstroke or lightning strikes
- i. encounters with animals or plants including allergic reactions;
- j. other risks normally associated with participation in the **Activity**.

3. Furthermore, the Parties are aware:

- a. that injuries sustained may be severe, paralyzing or fatal;
- b. that the risk of injury increases as the Member becomes fatigued.

Disclaimer

4. In consideration of **SCMBC** accepting the Members application for membership in the **Club**, the **Parties** agree **SCMBC**, and its respective directors, officers, committee members, members, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Member during, or as a result of, any of the Activity, caused by the risks, dangers and hazards associated with the **Activity** on **SCMBC** trails.

Acknowledgement

5. The Parties confirm that:

- a. they have been provided sufficient information about **Activity** and the associated risks and hazards so that they are aware of the effect of this agreement;
- b. the Participant agrees to abide by the Rules and Regulations imposed by **SCMBC** in association with the **Activities**, and to follow the rules of use on SCMBC trails; and
- c. they have read this agreement understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the **Parties**, their heirs, executors, administrators and representatives.

I, the Participant and/or Parent/Guardian, have read and AGREE to be bound by this agreement.

NAME: _____

ADDRESS: _____

PHONE: _____